Smoking cessation doc talk, drug drop & more

Dosher is conducting several free, health-related programs this spring:

Thursday, March 2, 4-7 p.m.



Dosher is a sponsor of the Southport-Oak Island Area Chamber of Commerce Coastal Consumer Showcase at St. James Community Center. Visit our booth near the entrance.

Thursday, March 2, 6-7 p.m.



Dr. Ziaollah Hashemi presents, **"Even the most helpless smoker can quit."** 2nd floor conference room at the hospital. Reserve a seat by calling **910-457-3900**.

Thursday, April 6, 9 a.m.-1 p.m.



Operation Medicine Cabinet. Drive through the main entrance at the hospital and drop off unwanted or expired prescriptions or other medications.

Saturday, April 22, 8 a.m.

Dosher is a sponsor of
the Southport-Oak Island
Chamber's Oak Island
Lighthouse 5k, 10k and
half marathon. Stop by
our table near 46th &
Dolphin Drive, Oak Island.

Friday, April 21, 6-10 p.m.



Dosher Foundation Gala at St. James Community Center. For \$125 tickets, call 910-457-3850.

Additional community programs are planned. Read more about them at www.Dosher.org/Calendar.



This institution is an equal opportunity provider. Dosher does not discriminate on the basis of race, color, national origin, gender identity, age, disability, or sex.