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Cardiac Rehab now open at new Doshier Wellness Center

SOUTHPORT—Cardiac Rehabilitation is the first service to open at the Doshier Wellness Center—3009 Medical Plaza Lane, Southport—nearly doubling in size from its former location at the hospital. While Cardiac Rehab opened today, several others are scheduled to do so on Tuesday, September 6: The family medicine practice of Dr. Leigh Vaughan and Dr. Kristos Vaughan, satellite Physical Therapy and X-ray services, and an indoor walking track for cardiac rehab and physical therapy patients.

A public open house is now set for Friday, Sept. 9, 12:30-3:30 p.m. The first 250 guests that day receive a free Doshier first-aid kit.

Read more at Doshier.org.

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(Editor's note: Please see two photos and captions on following page.)



Rick Silvestri (top photo) and Donna Maynor (bottom photo), both from Southport, are two of the first cardiac rehabilitation patients at the new Doshier Wellness Center.

