



Contact: James M. Goss
Phone: (910) 457-3900

For release: July 23, 2015

Doshier Hospital receives funding to buy mobile diabetes kitchen

SOUTHPORT—Hospital lectures on healthy eating and food preparation for people with diabetes and their families soon will become much more interesting and interactive, thanks to grants from the Ocean Isle Sunset Beach Lions Foundation and the Doshier Memorial Hospital Foundation. The two area foundations joined to purchase a large, mobile demonstration kitchen to teach healthy cooking classes at Doshier Hospital, according to Vicki Allen, director of Dietetic Services at Doshier.

“Over the years, one of the hospital’s most popular public diabetes education classes has been a session on healthy eating,” Allen said. “The addition of our new demonstration kitchen will allow Doshier to take the next step in teaching how to eat healthier. People will be able to see the preparation of good healthy food, interact with the chef, and realize just how quickly and easily healthy recipes can be prepared.”

The initial idea for the grant came from the Ocean Isle Sunset Beach Lions Foundation, according to its president, John D. Horton. “Our foundation became interested in this cause when we learned that one of Doshier’s clinics was treating children who were suffering from juvenile diabetes,” Horton said. “We originally made a grant to the clinic to help fund that specific treatment. Then we found out that Doshier was thinking about purchasing this kitchen, which could benefit diabetes patients all over the county in a very real way, so we decided to shift our funding focus to the purchase of the kitchen.”

“The timing of the local Lions foundation could not have been better,” Allen added. “However, even with their grant, the hospital was still in need of additional funds to purchase the demonstration kitchen, so we turned to the Doshier Hospital Foundation. I asked Lynda Stanley, president of the Doshier Hospital Foundation, if the foundation would consider funding the balance of the cost of the kitchen.”

“I took the matter before the Doshier Hospital Foundation board, and they were overwhelmingly in favor of making the grant,” Stanley said. “Because our foundation is focusing on diabetes as one of our health initiatives—based on the findings of a Community Health Needs Assessment recently completed by the hospital and the Brunswick County

Dosher buys mobile diabetes kitchen

Page 2

Health Department—this request was a perfect fit for our funding parameters.”

The demonstration kitchen is equipped with a large preparation counter top, stainless steel sink, and a demonstration mirror. It also has a cook’s cart with a convection oven, a 10-piece stainless steel cookware set, and two induction burners. The total cost of the kitchen was just under \$10,000. The Ocean Isle Sunset Beach Lions Foundation funded \$4,743 of the cost and the Dosher Foundation approved a grant for \$4,816. The Lions foundation also gave another \$1,000 for ongoing support expenses for the kitchen.

“To my knowledge, there isn’t anything else like this in the Brunswick County area,” Allen said. “The kitchen will appeal to all types of audiences. We can gear our presentation toward children and their parents, and show them things they can prepare. It can also be used to teach anyone else who might attend one of our classes. So, our kitchen now provides us with a lot of flexibility in our presentation, and it will make learning to live healthier lifestyles a lot of fun.”

The Ocean Isle Sunset Beach Lions Foundation is a separate, non-profit foundation which receives funding through grants from County of Brunswick, Atlantic Telephone Membership Corporation and Brunswick Membership Corporation. Funding from the club is made possible through private fundraisers, individual donations and projects. All monies raised by the Foundation and Lions Club are given back to the public.

The Dosher Memorial Hospital Foundation is a separate, non-profit organization which supports the hospital through the raising and distribution of philanthropic funds. The Diabetes Self-Management Outpatient Program at Dosher Memorial Hospital is nationally recognized by the American Diabetes Association, and is designed for adults with Type 1 or Type 2 diabetes. For more information on Dosher’s diabetes education program, call (910) 454-4731.

#



Photo caption: Pictured with Doshier Memorial Hospital's new mobile demonstration kitchen are (left to right) Lynda Stanley, president, Doshier Memorial Hospital Foundation; Vicki Allen, director, Dietetic Services at Doshier Hospital; John D. Horton, president, Ocean Isle Sunset Beach Lions Foundation; Marilyn Horton, secretary/treasurer, Ocean Isle Sunset Beach Lions Foundation; and Doshier Hospital Executive Chef Kathy Seagraves, who will be demonstrating healthy cooking techniques with the newly purchased kitchen. The demonstration kitchen was purchased through grants from the two foundations.