

A message from
the Board



Doshier is partnering with Novant Health to enhance surgical services to Doshier patients. The collaborative agreement reflects a tremendous amount of teamwork between medical staff leaders and the two hospitals over the past several months.

As a general surgeon on staff at Doshier for 35 years, I have worked alongside or observed the physicians of Novant Health Surgical Associates. I am pleased that they are now treating Doshier patients with the same level of personalized care that our patients have come to expect.

The additional surgical services received as a result of this partnership represent a new depth of care for our patients and our community.—*Dr. Robert Zukoski, Emeritus, Doshier Memorial Hospital Board of Trustees*



Doshier partners with Novant Health for surgical services for Doshier patients

The board-certified general surgeons from Novant Health Surgical Associates have performed some inpatient and outpatient operations and procedures at Doshier over the past few years, and through this partnership, will schedule more surgeries to continue caring for patients. The five providers are (alphabetically)—Dr. Matthew A. Benenati, Dr. Adolfo R. DeSandre, Dr. Richard R. Scallion, Dr. J. Andrew Smith, and Dr. Mark Tillotson.

"This is a big step to increase collaboration between the two not-for-profit, community hospitals in Brunswick County," Doshier President & CEO Tom Siemers, said. "The Medical Executive Committee at Doshier and Novant Health physician leaders have been working together for several months to help implement this positive change."

"We are excited to partner with Doshier to help ensure patients are able to stay close to home for the high-quality surgical care they need," said Shelbourn Stevens, president, Novant Health Brunswick Medical Center. "Our surgeons opened an office in Southport several years ago and are looking forward to extending care to the community through this partnership with Doshier."

To better coordinate medical resources, the hospitals have agreed that afterhours surgeries now will be performed at Novant Health Brunswick Medical Center. Within

90 days, two of the Novant Health general surgeons—Dr. Scallion and Dr. Smith—will begin caring for patients at the Doshier Medical-General Surgery physician practice at 819 N. Atlantic Ave., Southport. Until that time, they will continue to see Southport area patients at their office at 1456 N. Howe St.

"This collaboration expands the breadth of general surgery to include breast diagnostic and treatment as well as additional advanced laparoscopic procedures that now will be offered at Doshier," Doshier Chief Medical Officer Dr. Brad Hilaman said.



Dr. Richard Scallion



Dr. Andy Smith

3rd Volunteer scholarship recipient



William Harrison Smith is the third area student to receive a \$3,000 scholarship from the Doshier Volunteers this year. The South Brunswick High School grad is now studying science at UNC-Chapel Hill. Posing with him is Volunteers Scholarship Committee Chair Verda Darrell.

Barbee Bridge closure prompts expansion of services



After the Barbee Bridge closes for repairs this fall, we will maintain urgent care services at Doshier Medical Plaza on Long Beach Road between Southport and Oak Island *and* begin providing walk-in care for patients at our family medicine practice at Doshier Wellness Center off of Middleton Boulevard in Southport. We also will offer lab draws and x-ray services for walk-in patients at the Wellness Center.

Hours at Doshier Medical-Urgent Care, 4222 Long Beach Road, remain 8 a.m. to 4:30 p.m. weekdays and 9 a.m. to 1 p.m. on Saturdays.

Hours at Doshier Wellness Center, 3009 Medical Plaza Lane, are 8:30 a.m. to 4:30 p.m. Monday, Wednesday, Thursday and Friday, and 8:30 a.m. to 12:30 p.m. on Tuesday.

Watch/listen for specific dates of these expanded services at Doshier.org, Facebook and area media outlets.

Doshier Cardiac Rehabilitation earns national certification



Certified cardiac rehab professionals Lisa Boysworth, Natalie Swiger and Erik LeRoy pause in between patients at the Cardiac Rehabilitation department at Doshier Wellness Center.

The American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR) has certified the cardiac rehab program based at Doshier Wellness Center for its commitment to improving quality of life by enhancing standards of care. Doshier's is the only cardiac rehabilitation program in Brunswick County to hold this distinction.

"The registered nurses and other caregivers on our Cardiac Rehabilitation team develop customized care plans for patients to help them recover faster and

improve their quality of life," Doshier VP/Chief Nursing Officer Carol Northup says.

Patients include those who have had heart attacks and coronary artery bypass or other surgeries as well as people with chronic obstructive pulmonary disease and heart failure. All treatment plans include a combination of exercise, education, counseling, and support for patients and their families.

"Each plan is medically supervised by a board-certified cardiologist on staff at

Doshier Memorial Hospital. Patients tell us that fact separates our program from traditional gyms and work-out facilities," Cardiac Rehabilitation Manager Natalie Swiger, MS, RN, CCRP, says.

AACVPR-certified programs are recognized as leaders in the field of cardiovascular and pulmonary rehabilitation because they offer the most advanced practices available. AACVPR Program Certification is valid for three years.

For more information on Doshier cardiac rehab services at 3009 Medical Plaza Lane, Southport, call 910-457-3871 or visit www.Doshier.org/Clinics.



Letters to the editor

Articles and ads about the Cardiac Rehabilitation Department's new Steps to Wellness program prompted more than a dozen letters or messages, such as the following:

"Good job Erik, Lisa and Natalie."
—Colette P.

"Love this place...they are truly amazing people who become your friends. The whole experience was such an important part of my recovery."
—Jennifer T.

"Great job Lisa, Erik and Natalie."
—Pat H.

"Hugs and blessings to Erik, Nat and Lisa."
—Kay W.

"Natalie, Lisa and Erik are first rate."
—Joel C.

"Amazing place. It is the best."
—James W.

"I love that hospital."
—Wanda B.

"Missing you friends. Will be back in the fall."
—Judy W.

Our 3rd year of 3D mammography services



For Breast Cancer Awareness Month, technologists Renee and Leighann invite you to call for a mammography screening appointment, 910-457-3881.

Golden Pineapples award



Lynda Stanley, Doshier Foundation president; Tom Siemers, Doshier Hospital CEO; and Lindsay Maher, Brunswick Wellness Coalition executive director pose in front of other Southport-Oak Island Area Chamber of Commerce Golden Pineapple recipients for earning high praise for customer service during the second quarter of the year.

Foundation elects Bachara board chairman

Mark R. Bachara, Esq., is the new chairman of the Doshier Memorial Hospital Foundation. He had been vice chair and succeeds Barbara Boland who remains on the Foundation board. Bachara is an attorney at Oak Island and has served on the Foundation board for five years.

Also elected as new officers are Adam Powell, vice chair, Joyce John, treasurer, and Melody Ryan, secretary.

For more information on the charitable works of the Doshier Foundation, call 910-457-3850 or visit www.Doshier.org/Foundation.



New medical director for cardiopulmonary services

Board-certified pulmonologist Dr. Brian M. Legere is the new medical director, Cardiopulmonary Services and Sleep Disorders Center, at Doshier. Dr. Legere is with Coastal Pulmonary Medicine, Wilmington.

Dr. Legere earned a Doctor of Medicine degree at University of Massachusetts Medical School, Worcester. He served a residency at University of Rochester Medical Center, New York, and a fellowship at The Cleveland Clinic, Ohio. He is also board certified in critical care and sleep medicine.

Read more about cardiopulmonary services at www.Doshier.org. For an appointment with Dr. Legere, call 910-343-3345.





Operation Medicine Cabinet

Thursday, October 4

Drop off expired prescriptions or other unwanted medications at front entrance of Doshier Hospital 9 a.m. to 1 p.m. that day.



Calendar

Friday, October 12 – Doshier Memorial Hospital Foundation Golf Classic at Oak Island Golf Club. For sponsorship and player information, call 910-457-3850.

Tuesday, October 23 6 p.m. – Healthy cooking demonstration by Doshier Chef Lisa Botnick, "Everything pumpkin from soup to seeds." 2nd floor conference room at the hospital. Free, although reservations are required to reserve a seat, 910-454-4731.

Read about several additional healthy cooking demos and other Doshier community programs at www.Doshier.org/Calendar.

In the community



Clockwise from top left: Dozens attend Brunswick Wellness Coalition's County Care Fair in Southport on August 16; More than 20 Doshier staff members help raise thousands for New Hope Clinic and other non-profit organizations at Southport Rotary Club's Go Jump In the Lake run/walk on September 1; Doshier staff pose in between guests at the Oak Island Art Guild Arts & Crafts Festival on September 1. Doshier was a sponsor.



924 N. Howe Street, Southport

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Doshier Heartbeat is produced by Doshier Memorial Hospital to provide general health information. It is not intended as personal medical advice, which should be obtained from a healthcare provider. Comments can be sent to Marketing & Community Relations, Doshier Memorial Hospital, 924 N. Howe St., Southport, NC, 28461. 910-457-3900.



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