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Dosher Cardiac Rehabilitation earns national certification

SOUTHPORT—The American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR) has certified the cardiac rehab program based at Doshier Wellness Center for its commitment to improving quality of life by enhancing standards of care. Doshier's is the only cardiac rehabilitation program in Brunswick County to hold this distinction.

"The registered nurses and other caregivers on our Cardiac Rehabilitation team develop customized care plans for patients to help them recover faster and improve their quality of life," Doshier VP/Chief Nursing Officer Carol Northup says.

Patients include those who have had heart attacks and coronary artery bypass or other surgeries as well as people with chronic obstructive pulmonary disease and heart failure. All treatment plans include a combination of exercise, education, counseling, and support for patients and their families.

"Each plan is medically supervised by a board-certified cardiologist on staff at Doshier Memorial Hospital. Patients tell us that fact separates our program from traditional gyms and work-out facilities," Cardiac Rehabilitation Manager Natalie Swiger, MS, RN, CCRP, says.

AACVPR-certified programs are recognized as leaders in the field of cardiovascular and pulmonary rehabilitation because they offer the most advanced practices available. AACVPR Program Certification is valid for three years.

For more information on Doshier cardiac rehab services at 3009 Medical Plaza Lane, Southport, call 910-457-3871 or visit www.Doshier.org/Clinics.

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(Editor's note: Please see photo and caption on page 2.)



Certified cardiac rehab professionals Lisa Boysworth, Natalie Swiger and Erik LeRoy pause in between patients at the Cardiac Rehabilitation department at Doshier Wellness Center.