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## Dosher Earns Myrna Miller Employer Award from the NC Diabetes Advisory Council

Providing outstanding support in diabetes management and prevention

SOUTHPORT—Dosher Memorial Hospital was recently recognized with the Myrna Miller Employer Award by the North Carolina Diabetes Advisory Council. Dosher received the award, which honors an employer who provided both community and employee support in diabetes management and prevention, based on their comprehensive employee wellness program which includes educational opportunities, screenings, and healthy food options for staff. Dosher offers access to diabetes A1c screenings to all staff members and established in-house American Diabetes Association recognized diabetes self-management education program and Intensive Behavioral Therapy for Obesity program. Employees can seek clinical education, consultation, and have access to improved hospital cafeteria services that provide healthy food options in the workplace, inclusive of vegan and vegetarian choices.

Dr. Brad Hilaman, Dosher Memorial Hospital CEO and CMO, said, "We are grateful for this recognition and are particularly thankful for the staff members who have helped create the resources for these important employee wellness initiatives. Our health care professionals recognize that we need to take care of ourselves so that we are in the best condition possible to provide great care to our patients."

Lynda Stanley, President of Dosher Memorial Hospital, said, "Part of making Dosher a great place to work is providing opportunities for our staff members that will educate, increase awareness, and provide access to nutrition that will enhance health. We recognize that improving the quality of life for members of our community must also include members of our staff."

Dr. Leigh Lane, Executive Director of the Brunswick Wellness Coalition, who nominated Dosher for the award, said, "The forward movement of this community hospital gives hope that a larger scale movement will occur through Dosher's involvement as a partner of the Brunswick Wellness Coalition."

## **About Dosher**

Dosher is an independent critical access hospital located in Southport, North Carolina which operates a full-service emergency department in addition to a broad spectrum of inpatient and outpatient services, including acute care, total joint replacement, skilled nursing, wound care, diagnostic imaging, convenient care, cardiac rehab, lymphedema management, speech and physical therapy, and much more. The hospital also operates a network of medical and surgical services in Southeastern Brunswick County, including six primary care clinics, a medical clinic on Bald Head Island open seasonally, a Convenient Care, a general surgery practice, and a women's health clinic.

## **About NCDAC**

The Diabetes Advisory Council of North Carolina was created in 1984 as an advisory group to the Diabetes Prevention and Control Program. The DAC works to reduce the burden of diabetes through coordination among the many stakeholders in diabetes control in North Carolina.

Read more at Dosher.org



Pictured L - R: Catherine Mohr, Dosher Chief Nursing Officer, Lynda Stanley, President of Dosher Memorial Hospital, Vicki Allen, Director of Outpatient Diabetes Education/Weight Management, Lisa Botnick, Dietary Manager, Katie Pardee, ANP, Nurse Educator, Diabetes Education Program, Leigh Lane, Executive Director of the Brunswick Wellness Coalition

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