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**For immediate release**

## **6<sup>th</sup> Annual Heart to Heart Event Another Success!**

SOUTHPORT— More than 300 guests attended the Doshier Foundation's sold-out 6<sup>th</sup> annual Heart to Heart women's heart health program on February 6<sup>th</sup>. The event raised over \$20,000, with proceeds benefitting Doshier's Cardiac Rehab.



**Judy Slater, a Cardiac Rehab Graduate, shares her story with guests.**

Speakers included Doshier Cardiac Rehab Director Natalie Swiger and Cardiac Rehab graduate Judy Slater, who shared her "heart" story. Businesses and individuals donated items valued at over \$10,000 for the silent and live auctions. Comedian and Boliva, NC native LaSalle LaSalle provided entertainment while reminding the guests that, "Laughter is good for the heart."

"We are grateful for our community supporters who attended Heart to Heart, donated heart healthy foods to Matthew's Ministry, and helped raise funds to support the Doshier Hospital Cardiac Rehab Department," said Lynda Stanley, Doshier Foundation President. "We are also highly appreciative of numerous volunteers, who worked together, from the planning stages through clean up, to make this night a success."

For more information on Foundation programs, call 910-457-3850. For more information on Doshier heart health programs, call 910-457-3871.



**A sold out crowd with many of the guests wearing red, in support of women's heart health.**

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