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Doshier Foundation sets women's heart health event for February. 6th

SOUTHPORT—The sixth annual Heart to Heart women's heart health program is set for Thursday, February 6, 5 p.m. at St. James Community Center. The program includes heart health education and a special guest that will be announced at a later date. Tickets are \$25 and sponsorships are available from \$100 to \$1,000. A silent and live auction will also be held. Proceeds benefit cardiac rehabilitation services at Doshier Memorial Hospital.

Attendees are encouraged to bring a heart healthy food donation to the event to increase access to nutritious foods in our community. Requested items are canned chicken and tuna and fruit cups packed in 100% water, which will be given to Matthew's Ministry for distribution in our area.

For tickets, sponsorships and more information on Heart to Heart, call Doshier Memorial Hospital Foundation at 910-457-3850 or check our website at www.doshier.org.

