# **DOSHERHeartbeat**

A message from the Board

#### By Dr. Terry Pieper

Although I've been a member of the Dosher Medical Staff since 2002, I continue to be amazed at the breadth of skills possessed by our roster of physicians. I'm honored to have been elected to a two-year term to lead this talented group of men and women physicians and other professional providers.

From the partnership with Novant Health for surgical services announced last summer to the new agreement with Eagle Telemedicine to serve Dosher inpatients overnight, it's been a year of change for Dosher and the providers who serve the medical, surgical and health needs of the community. Major reshaping of healthcare services just doesn't happen in major markets. Rural areas like Southern Brunswick County experience it as At a media preview on Dec. 3, Dosher "Based on examples from other hospitals well.

We are constantly searching for new ways to be the best at what we do, namely, providing excellence in patient care and service. We are your hospital Smithville Township, and our commitment is to you.—Dr. Terry Pieper, Chief of the Dosher Medical Staff

### Dosher implements telemedicine program for Patient Care Unit





(L-r) Dosher Hospitalist Dr. Raymond Schmoke, Eagle Telemedicine Chief Medical Officer Dr. Jayne Lee (on monitor), and lead RN for the Dosher Patient Care Unit Sara Harris brief the news media prior to the start of the telemedicine program at the PCU in December; WECT-TV's Bill Murray conducts an interview with Dr. Lee.

Dosher has partnered with overnight to examine inpatients in the hospital's 25-bed, Patient Care Unit via a secure online connection.

hospitalist Dr. Raymond Schmoke said, "Our physician leaders and administration researched this type of program and were impressed with the way Eagle physicians interact with patients as well as hospital physicians, nurses and technicians. This service is a winner, especially for a rural hospital like Dosher."

Eagle "Dosher is known for compassionate and Telemedicine to provide a physician personalized bedside care and this is reflected in our consistently high patient satisfaction scores. Now, we're taking a step into the high-tech side of healthcare," Sara Harris, lead RN, Patient Care Unit, says. that use this program, we expect our patients will be impressed."

> The media event included a remote appearance by Dr. Jayne Lee, chief medical officer for Eagle Telemedicine.

> > Continues on page 2

#### Dosher's most popular patient?

Pat Dane of Southport may very well be Pat's unusual number of consecutive visits to the hospital's most popular patient of the past few years. For various medical reasons, Dosher has been seeing a lot of Pat, so much so the staff sent him a card on his birthday.

"Imagine 42 days in a row of, 'What's your

birthday Mr. Dane?' I go in there now and the whole hospital knows me," Pat says.

Dosher has given him the rare opportunity to experience most every department of the hospital, including the kitchen.

"There's a positive atmosphere when you Continues on page 2



Pat Dane tells tells licensed physical therapist assistant Mark H. that cycling has been the most helpful exercise to recover from three joint replacement surgeries.

#### Dosher's most popular patient?

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walk in the front door. You're welcomed like ou're a VIP and that's part of the hospital, Pat says.

Pat would know. His left hip, right hip and left knee were all replaced at Dosher. He enjoyed

the Physical Therapy department at Dosher before and after each surgery, he spent time at Dosher's award-winning Wound Care Center for a toe injury, twice, and then back again for an infection. More recently—to save his toe from amputation—Pat went to Dosher every morning and night to get an infusion of antibiotics for 42 consecutive

"For 42 days, I got to see every working unit of the hospital. Twice a day I would check in, 'Mr. Dane, how are you, you're going to the surgical unit today, there's an empty bed back there'. Another day, 'Mr. Dane, you're going to the E.R. today'," Pat says.

Meanwhile, Pat has been a patient at some other hospitals as well over the years. He had an emergency appendectomy during a business trip to Las Vegas. Pat spent eight days in a hospital in Missouri for a bleeding ulcer while on business. And then there were various trips to hospitals that come along with having three active kids.

He says Dosher rates an A+.

"I haven't been to a better hospital for the treatment, the doctors, the nurses, the staff, the care. On a scale from one to 10, it's an 11," Pat says.

Pat credits Dosher for him getting back on his bike within a week of having the hip and knee replacements. He now bicycles to his appointments. Pat credits Dosher with saving his toe from amputation and says the food at Dosher is absolutely fabulous.

Last month, Pat donated a 50-inch flat screen TV to the Physical Therapy department and he is returning to the hospital for a while to get treatment for spinal stenosis. He says he's in good hands.

"They're like friends. I go in there, it's like a fraternity," Pat says.

#### On the air: Clinics, wound care, bridge impact, more









Practice Network Administrator Kate Inman (1st photo) discusses Dosher primary care physician practices and other clinics on WKXB radio's "Sunrise Focus" program in November. Read more at Dosher.org/Clinics.

On the same program, Wound Care Center Director John Stone (2nd photo) explains how his department earned national Center of Excellence designation. For more information, call 910-454-1192.

On WECT-TV, Marketing & Community Relations Director Jim Goss (3rd photo)

says Dosher relocated diagnostic imaging and lab services from Dosher Medical Plaza to Dosher Wellness Center and the hospital because of the closure of Barbee Bridge. Read more at Dosher.org.

Brunswick Wellness Coalition Executive Director Lindsay Maher (4th photo center) and Brunswick Family Assistance Executive Director Stephanie Bowen (right) announce BWC's Give Healthy Campaign on WWAY-TV to anchor Hannah Patrick. To host a Give Healthy food drive, call 910-444-1872.

# Dr. Schmoke or another hospitalist, Dr. time caring for complicated, hospitalized

healthcare organization that brings physicians in a variety of specialists to hospitals and "It's great to be able to offer our patients patients, regardless of location. Eagle was and community access to such highly founded in 2008 and is based in Atlanta.

#### Retired physician to lead Dosher board







has lived on Bald Head Island since 1998.

Ms. Marshall

and lives in Southport.

Dr. Scott Starks is the new chairman of the Dosher Memorial Hospital Board of Trustees vice chair, and former Southport Mayor Robert terms. They are elected by the public and Howard, secretary after serving on the board since Dosher board the past seven years and lives in 2015. He is a retired orthopedic surgeon who Dosher board the board in 2017 and lives in Southport.

#### Providers on the move



Nurse practitioner Reynolds is Amanda now seeing gyn patients at Dosher Medical-Health Women's working with boardcertified gynecologist Dr. Brad Hilaman, 823 N. Atlantic Ave., Southport. For an appointment with either, call 910-457-9292.



Board-certified urologist Dr. Brian Zimmerman with Atlantic Urology-NHRMC Physician Group has moved to the second floor of Dosher Wellness Center from the first floor. For an appointment, call 910-662-8765.

#### Telemedicine

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Dosher inpatients 7 a.m. to 7 p.m. seven Brad Hilaman says. days per week. A physician from Eagle will do so the other 12 hours each day. About Eagle Telemedicine A Dosher nurse will be on hand for each Eagle Telemedicine is a physician-led telemedicine exam.

trained physicians who devote all their Read more at EagleTelemedicine.com.

William Meacham, will continue to examine patients," Dosher Chief Medical Officer Dr.

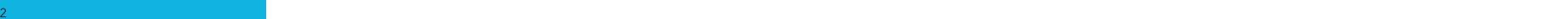
Sleep Lab

The Accreditation Commission Health Care has certified the Dosher Sleep Lab for its commitment to providing quality care and services. It's a three-year certification.



## MRI Update

Our new, wide-bore magnetic resonance imaging scanner is set to begin operation on Monday, January 7 at the hospital's main campus. For appointments, call central scheduling: 910-457-3948.



#### Foundation golf tourney raises \$40K

The twice-storm-delayed Dosher Foundation Golf Classic on Nov. 30 raised more than \$40,000 for programs and services at the hospital. The Foundation thanks lead sponsor Griffin Estep Benefit Group and 30 others for supporting the 9th annual installment of this fundraiser. Thirty teams participated in the tournament.



Men's 1st flight - Don Hughes, Bruce Schell and Wayne Freeman



Women's flight - Cori Booth, Pat Goodman and Pam Huggins



Men's 2nd flight - Scott Schmidt, Pleas Webster and James Woody



Men's 3rd flight - Charlie Rivenbark, Peter Foley and Dwight Campbell

#### Flood run



Dosher Dashers help raise \$13K for Brunswick County flood victims at 5K run on Nov. 3, organized by Leland Lady Runners.

#### Guest chef demo



Chef Lucas Smith, Oliver's on the Cape Fear, prepares "Healthy seasonal foods," for more than 25 guests at a Dosher healthy cooking demonstration in November. Read about programs on Feb. 12, March 12 and other dates at Dosher.org/Calendar.

#### Christmas parade





Two dozen Dosher employees and others participated in this Southport classic on Dec. 7.



924 N. Howe St., Southport / 910-457-3900 / Dosher.org

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Dosher Heartbeat is produced by Dosher Memorial Hospital to provide general health information. It is not intended as personal medical advice, which should be obtained from a healthcare provider.

#### Comments can be sent to Marketing & Community Relations, Dosher Memorial Hospital, 924 N. Howe St., Southport, NC, 28461. 910-457-3900.

#### Calendar

Tuesday, Jan. 22, 4 p.m. – Rescheduled Women's Forum Afternoon Tea with Vicki Allen, director, Diabetes Education and Weight Management, Sally Delmastro, adult nurse practitioner, and Natalie Swiger, manager, Cardiac Rehabilitation and Nursing Education. 2nd floor conference room at the hospital. Free; call to reserve a seat, 910-454-4731.

Wednesday, January 23, 8:30 a.m.-1:30 p.m. – American Red Cross Blood Drive at Dosher. Call 910-454-4719 for an appointment.

Thursday, Feb. 7, 5 p.m. – "Heart to Heart" women's heart health program at St. James Community Center. Includes heart health education, inspiring words from a heart patient/ survivor, and tips for eating healthy. Tickets \$25; sponsorships available \$100-1,000. Proceeds benefit cardiac rehabilitation services at the hospital. Call 910-457-3850.

Tuesday, Feb. 12, 6 p.m. – Healthy cooking demonstration by Austin Alfonzo, owner, Kai Joes and Café Koa. 2nd floor conference room at the hospital. Free; reservations required to reserve a seat, 910-454-4731.



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