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For immediate release

Dosher Receives Intalere Healthcare Achievement Award

SOUTHPORT—Dosher Memorial Hospital has received a healthcare achievement award from Intalere for community impact and innovation. The award recognizes the initiative Dosher took, as a founding partner of the Brunswick Wellness Coalition (BWC), to secure innovative partnerships to help curb climbing rates of obesity and other chronic diseases in predominantly rural Brunswick County.

BWC, which today, consists of nearly 40 organizations representing a diverse set of voices, promotes physical activity, proper nutrition, and chronic disease management, and education throughout the county. The Wellness Coalition Executive Committee developed outcomes, according to Dosher's Community Health Needs Assessment and the Robert Wood Johnson Foundation (RWJF) County Health Rankings, as follows:

- Reduce the diabetes prevalence percentage
- Reduce the heart disease death rate
- Reduce adult obesity
- Reduce physical inactivity
- Increase fruit and vegetable consumption

Approximately 6,600 individuals in Brunswick County have participated in a BWC initiative. According to RWJF county health rankings, out of 100 counties, Brunswick was ranked 45 in 2016 in overall health outcomes and improved its rank to 34 by 2019.

Lynda Stanley, President of Dosher Memorial Hospital and the Dosher Foundation, says, "We are grateful for this recognition from Intalere and are thrilled to see residents of Brunswick County getting involved with programs organized by the Wellness Coalition. Our hope is that they are taking knowledge they learn in Coalition sponsored programs and implementing it into the creation of healthier habits at home. Stanley sees Dosher's involvement in BWC as an

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organic extension of being in healthcare. “As a healthcare organization, we need to help lead the way with disease prevention and promotion of a healthier lifestyle.”

About Doshier Memorial Hospital

Doshier is an independent critical access hospital located in Southport, North Carolina. Doshier operates five outpatient primary care clinics, a women’s health center, and an urgent care facility in Southeastern Brunswick County.

About The Brunswick Wellness Coalition

The Brunswick Wellness Coalition takes a bold approach to addressing chronic health issues such as unhealthy weight, diabetes, and heart disease and involves a wide spectrum of community organizations who work together to engage residents in improving their health.

About Intalere

Intalere’s mission focuses on elevating the health of healthcare by designing solutions to improve their members’ financial, operational and clinical performance. They empower customers and deliver measurable results through our highly personalized approach of creating strategies and programs focused on their goals. Their unique provider led model allows Intalere to leverage nationally recognized best practices in supply chain and patient outcomes to drive efficiencies for their members. To learn more, visit www.intalere.com.



Lynda Stanley (L), President of Doshier Memorial Hospital and the Doshier Foundation, and Leigh Lane (R), Executive Director of the Brunswick Wellness Coalition, accept the Intalere Community Impact/Innovation Award.



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