



Contact: James M. Goss
Phone: (910) 457-3900

For release: March 1, 2018

Dosher adds doc talks, healthy cooking demos and more for 2018

SOUTHPORT—Dosher Memorial Hospital and Cape Fear Heart Associates-NHRMC Physician Group invite the public to meet new cardiologists serving the community—Meena Rao, MD, MPH and John J. Rommel, MD—on Tuesday, Mar. 20, 7-9 p.m. at St. James Community Center. Refreshments will be served. For more information, call 910-667-3751.

Programs at the hospital—924 N. Howe St., Southport—include:

- “Superfoods,” healthy cooking demo by Dosher Chef Lisa Botnick, formerly of Baked With Love, on Tuesday, Mar. 13, 6 p.m. Call 910-454-4731 to reserve a seat.
- “Advances in wound care,” by board-certified vascular surgeon David A. Weatherford, MD and John Stone, CHRN on Thursday, Mar. 22, 6 p.m. Reserve a seat at 910-454-1192.
- “Menopausal madness: The final 40-ish years of your life,” by board-certified gynecologist Brad Hilaman, MD and Amy Burger, PA-C on Tuesday, Mar. 27, 6 p.m. Call 910-457-9292 to reserve a seat.
- “Local and lite healthy cooking demo,” by staff from Tranquil Harbour on Tuesday, April 10, 6 p.m. Reserve a seat at 910-454-4731.

Close to 200 people have attended physician and guest chef lectures at Dosher so far this winter. Read about all Dosher programs at Dosher.org/Calendar.

#