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Dosher plans summer drug drop, community health programs

SOUTHPORT—Dosher Memorial Hospital is hosting or participating in several health-related events late this summer and fall:

1. Thursday, August 18, 9 a.m.-1 p.m. – Operation Medicine Cabinet. Drop off unwanted medicines at the main entrance of the hospital, 924 N. Howe St., Southport.
2. Saturday, September 3, 8:30 a.m. – Dosher is a sponsor of Southport Rotary Club's "Go Jump In the Lake," run/walk at Spring Lake Park, Boiling Spring Lakes, to benefit New Hope Clinic and other local charities. Register for the 10K, 5K or 1.5-mile walk/fun run at <https://its-go-time.com/go-jump-in-the-lake/>.
3. Saturday, September 3, 9 a.m.-4 p.m. – Dosher is a sponsor of the Oak Island Art Guild Arts & Crafts Festival. Visit the Dosher booth at this free event at the soccer field behind Middleton Park, on Dolphin Drive and SE 46th St., Oak Island. For more information, call 910-448-1016.
4. Friday, October 21, 4:30 p.m. – Dosher Memorial Hospital Foundation and Pretty in Pink Foundation are sponsoring a breast self-exam session, "Your breasts: What's normal? What's not?" at Brunswick Senior Resource Center, 1513 N. Howe St., Southport. Register by calling 910-457-3850 or email lyndastanley@doshier.org. Additional classes will be scheduled after this class is full.

Several additional health programs and lectures are planned this fall. Read more about them at www.Dosher.org/calendar.

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