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Dosher plans women's health tea, drug drop, other community events

SOUTHPORT—A women's health forum afternoon tea party is scheduled for Wednesday, September 26, 4-5 p.m., at the second floor conference room at the hospital. Organizers say, "A healthy life is a special blend. Let's have a cup of tea and see what is brewing in women's health care at Doshier." Presenters include Vicki Allen, director of Diabetes Education and Weight Management, Sally Delmastro, adult nurse practitioner, and Natalie Swiger, manager of Cardiac Rehabilitation and Nursing Education. The program is free, but reservations are required, 910-454-4731.

On Thursday, October 4, 9 a.m.-1p.m., Doshier holds its semiannual Operation Medicine Cabinet. Area residents can drive by the front entrance of the hospital and drop off expired prescriptions and other unwanted medications.

On Friday, October 12, Doshier Memorial Hospital Foundation holds its annual Golf Classic at Oak Island Golf Club. To sponsor or participate in this event, call 910-457-3850.

Guest chef healthy cooking demonstrations are scheduled to return in November. Read more about these and all Doshier programs at www.Doshier.org/Calendar.

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