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Dosher sets guest chef programs

SOUTHPORT—On Tuesday, October 23, 6 p.m., Doshier Chef Lisa Botnick conducts the first of two healthy cooking demonstrations this fall, “Everything pumpkin from soup to seeds.”

On Wednesday, November 14, 6 p.m., Chef Lucas Smith from Oliver’s on the Cape Fear presents, “Healthy seasonal foods.”

Both programs are set for the second floor conference room at the hospital. The cooking demos are free, although reservations are required to reserve a seat, 910-454-4731.

Read about all Doshier programs at www.Doshier.org/Calendar.

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