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## Dosher to Hold Women's Health Event on October 19th

"Chit Chat and Chocolate" provides education, Q&A opportunity, and health friendly chocolate treats for attendees.

SOUTHPORT—Dosher Memorial Hospital will hold a women's health educational event entitled, "Chit Chat and Chocolate" on Wednesday, October 19<sup>th</sup> from 6-7pm at Indian Trail Meeting Hall, 113 W. Moore Street in downtown Southport. The month of October, with its global focus on breast cancer awareness, has become a time to share information on a variety of issues impacting women's health.

The speaker for this event is Maritza Manrique-Kiniry, MD, Board Certified gynecologist and gynecological surgeon, who practices out of Dosher Medical-Women's Health in Southport. Dr. Manrique-Kiniry will discuss the latest guidelines for screenings and prevention, what you need to know about mammograms, bone scans, and menopause, and will allot time for questions. Chef Joe Hill from the Dosher Café will give out health friendly chocolate bark to attendees along with the recipe. Other light refreshments will also be served.

RSVP is suggested as space is limited. Please go to Dosher.org/ChitChat or call Dosher Community Relations at 910-457-3900 to reserve your seat.

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