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Dosher women's heart program invites award nominations

SOUTHPORT—Dosher Memorial Hospital Foundation is seeking information on women working to fight heart disease in the community. Area residents may nominate another woman or themselves to be recognized at the Foundation's third annual Heart to Heart women's heart health event on Thursday, February 2.

Nominations should describe specific actions a nominee takes to maintain a heart healthy lifestyle, how the person advocates for heart health in her home or the community, and how she encourages others to do so. Nominees must be willing to share their stories at the program at 4:30 p.m. that day at Brunswick Senior Center. Nominations need to include the name, address and telephone number of the nominee, and should be no longer than 500 words.

Nominations may be submitted to Foundation President Lynda Stanley at 924 N. Howe St., Southport, N.C., 28461 or email, lyndastanley@dosher.org. For more information or tickets to this event, call 910-457-3850.

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