



Contact: James M. Goss
Phone: (910) 457-3900

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“Heart to Heart” talk set for February 4

SOUTHPORT—The Doshier Memorial Hospital Foundation is holding a heart health program on Thursday, February 4, 4:30-6:30 p.m. Three speakers will be cardiologist Cyril Abrams, MD, FACC; chef Karen Taylor, Taylor’s Cuisine; and floral artist Robin Weir, Wild by Nature.

The program is set for Southport Community Building, 1029 N. Howe St., and includes light hors d’oeuvres.

Tickets start at \$25 with sponsorships up to \$500. Proceeds benefit the Foundation and heart health programs in south Brunswick County. For tickets or more information, call the Foundation at (910) 457-3850.

The public also is invited to help the Doshier Foundation recognize a woman in the community who works to fight heart disease. Nominations should include a brief story of the woman and her story regarding heart disease, a description of what she has done to help others, and a recap of what she has done to help herself.

Submissions may be mailed to Lynda Stanley, Doshier Memorial Hospital Foundation, 924 N. Howe St., Southport, NC, 28461 or sent via email to lyndastanley@doshier.org. The deadline for nominations is January 27, 2016.

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