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Kathy Seagraves earns Doshier Hospital Triple “E” honors for Q4

SOUTHPORT—Chef Kathy Seagraves is the Employees Exceeding Excellence award recipient at Doshier Memorial Hospital for the fourth quarter of 2015.

Comments from patients say a mouthful: "We are going home this afternoon. We will miss all the good food you prepared for us. Wish you had home delivery!" Comments from colleagues also are meaty: "If she were a nurse, I'd want her in my unit. Just outstanding."

Seagraves has worked at Doshier since 2013.

For her achievement, Doshier presented Seagraves a check for \$250, a three-month membership to Cape Fear Fitness, a letter of commendation from the hospital president, and many other perks.

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Chef Kathy Seagraves at a recent healthy cooking demonstration.