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More than 100 people attend BWC's Leland Care Fair

Partners of the Brunswick Wellness Coalition and Walmart work together to offer health services to county residents.

BRUNSWICK COUNTY, NC – The Brunswick Wellness Coalition (BWC) celebrates the success of the first stop of the Care Fair with over 100 people attending at the Leland Walmart on July 16. The Care Fair will stop at the other Walmart parking lots from 5 to 8 p.m. on

- Thursday, August 16, Southport
- Tuesday, September 18, Shallotte

Attendees received a wide range of health screenings, education and giveaways along with touring the grocery store to learn how to eat healthy on a budget.

"It was great seeing how many people really care about their health and wanting to learn more ways to live a healthy lifestyle," said volunteer tour guide and owner of Your Choice Family Health & Wellness, Nellie Harden. "Those that completed the grocery store tour received a meal planning tool that makes it much easier to navigate the grocery store while staying on budget."

Along with the grocery store tours and kid-friendly activities, the fair offers the following health services:

- Immunizations
- Dental consultations
- Mammography screenings - call 910-721-1485 to schedule appointment.
- Eye glass adjustments
- Diabetes screenings
- Blood pressure screening
- Hepatitis C screenings

"We look forward to serving the Southport and Shallotte communities," said Lindsay Maher, Executive Director of BWC. "A tremendous thank you to our health providers and volunteers for making the Leland stop a success as well as our next two stops."

Participating organizations include Brunswick County Health Services; Brunswick Housing Opportunities; Coastal Horizons Center, Inc; CommWell Health; Doshier Memorial Hospital; New Hanover Regional Medical Center; New Hope Clinic; Novant Health; The Cooperative Extension; Walmart Pharmacy; Walmart Vision Center; and YMCA of Southeastern North Carolina. For more information, contact BWC at 910-444-1872.

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About the Brunswick Wellness Coalition: The Brunswick Wellness Coalition (BWC) is a united group of health-minded individuals and organizations working together to promote healthy eating, active living and overall better health for those that live, work, play and pray in Brunswick County. The mission of BWC is to improve the health of our community with the vision of becoming the healthiest county in North Carolina. BWC is 1 of only 10 county coalitions selected to be part of the Healthy Peoples, Healthy Carolinas Initiative, made possible by the Duke Endowment. For more information or to get involved, email BrunswickWellnessCoalition@gmail.com or call 910-444-1872. Life/follow BWC on social media at [Facebook.com/brunswickwellness](https://www.facebook.com/brunswickwellness) | [Instagram/@BrunswickWellness](https://www.instagram.com/BrunswickWellness) | [Twitter/@BeWellBrunswick](https://twitter.com/BeWellBrunswick).