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Lymphedema therapy returns to Doshier

SOUTHPORT—An occupational therapy treatment to reduce painful swelling of the limbs and other body parts has returned to Doshier Memorial Hospital. Lymphedema care is the treatment to reduce inflammation often caused by radiation therapy, certain surgeries, poor blood circulation, and other conditions.

“A certified lymphedema therapist has been providing treatments in our Therapy Services department this year, and due to increased patient demand, we will be adding a second a second staff member to our lymphedema program next month,” Connie Pitman, MHA, CNMT, director, Diagnostic Imaging and Therapies, says. “Doshier offers the only certified lymphedema therapy program in Brunswick County, although we’ve been treating patients from Wilmington and beyond.”

Lymphedema treatments involve manual lymph drainage and compression bandaging. Typically, these are prescribed for five days per week during the treatment cycle. Pitman says Doshier lymphedema therapists work closely with the hospital’s Wound Care Center to integrate services available to the community.

For more information about lymphedema care, call Doshier Therapy Services at (910) 457-3843.

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Certified Lymphedema Therapist Amy Kibler treats a lymphedema patient at Doshier.