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**For release: January 30, 2017**

## **Smoking cessation, drug drop, other Doshier community events set**

SOUTHPORT—Doshier Memorial Hospital is conducting or participating in several health-related programs this spring:

1. Thursday, March 2, 4 -7 p.m. – Doshier is a sponsor of the Southport-Oak Island Area Chamber of Commerce Coastal Consumer Showcase at St. James Community Center. Stop by the Doshier health information table near the entrance.

2. Thursday, March 2, 6-7 p.m. – Dr. Ziaollah Hashemi presents, “Even the most helpless smoker can quit.” 2nd floor conference room at the hospital. Reserve a seat by calling 910-457-3900.

3. Thursday, April 6, 9 a.m.-1 p.m. – Operation Medicine Cabinet. Drive through the main entrance at the hospital and drop off unwanted or expired prescriptions or other medications.

4. Saturday, April 22 – Doshier is a sponsor of the Southport-Oak Island Chamber’s Oak Island Lighthouse 5k, 10k and half marathon. To participate in one of the runs, call the Chamber at 910-457-6964.

5. Wednesday, April 26, 5:30-7 p.m. – Brunswick County Chamber of Commerce Business After Hours at Doshier Wellness Center, 3009 Medical Plaza Lane, Southport. Call the Chamber to register, 910-754-6644.

Additional community programs are planned. Read more about them at [www.Doshier.org/Calendar](http://www.Doshier.org/Calendar).

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